



**GARWARE
CLUB HOUSE**

AQUA AEROBICS CLASSES

AQUA SPECIALIST — DEEPALI JAIN

FOR MEMBERS & ASSOCIATES ABOVE 18 YRS

BATCH COMMENCES ON THU, 02ND MARCH, 2023

ON TUESDAYS & THURSDAYS

TIMINGS : 12:30 PM TO 01:30 PM

MARCH 2023 BATCH - 08 SESSIONS



SESSIONS ON THESE DATES

2ND / 7TH / 9TH / 14TH / 16TH / 21TH / 23TH / 28TH

MARCH 2023

Members Only (No Guests) may Register by paying

Rs. 3,918/- FOR 8 SESSIONS (INCLUSIVE OF GST)

by Cash /Cheque /Credit/Debit Cards

at the Main Reception

from TUESDAY, 28TH FEB, 2023 onwards

Aqua Aerobics Includes

**Aqua Ball, Aqua Yoga, Aqualates, Aqua Taichi,
Aqua Power, Aqua Aerobics, Aqua Kickboxing,
Aqua Conditioning & Aqua Resistance Training**

NB : BATCH SIZE IS SUBJECT TO MIN 10 – MAX 30 PARTICIPANTS